



Lunch Menu



Catering For All Occasions

14 Fee Fee Road Maryland Heights, MO 63043

314-266-8884

Spicedjustright.com

order@spicedjustrightcatering.com

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Salads

Includes Cookies (**May be substituted; however, an additional charge may be applied**)

Tex-Mex Chicken Salad **24oz/32oz** **\$11.75/\$13.75 Per Person**

Cilantro Lime Chicken, Red/Yellow Peppers, Onions, Black Beans, Tomatoes, Corn, Red Onions, Avocado, Mixed Greens, and Tortilla Strips with Cilantro Lime Dressing

Smoked Chicken Caesar Salad **24oz/32oz** **\$10.75/\$11.75 Per Person**

Smoked Chicken, Romaine Lettuce, Croutons, Parmesan, Red Onions, and Parmesan Crisps with Creamy or Lite Caesar Dressing

Chicken Apple Goat Cheese Salad **24oz/32oz** **\$11.75/\$13.75 Per Person**

Grilled Chicken, Arugula Spinach Mix, Fried Goat Cheese, Dried Cranberries, Carrots, and Apple Slices with Citrus Salad Dressing

Asian Orange Chicken Salad **24oz/32oz** **\$11.75/\$13.75 Per Person**

Grilled Chicken with Tangy Orange Glaze, Baby Spinach, Toasted Almonds, Carrots, Red Peppers, and Crispy Chow Mein topped with Toasted Sesame and Asian Dressing

Superfood Salad **24oz/32oz** **\$11.75/\$13.75 Per Person**

Kale, Spinach, Edamame, Garbanzo Beans, Blueberries, Red Peppers, Tomatoes, Cucumber, Quinoa, Broccoli, Radish, and Nuts with Vinaigrette Dressing **Add Chicken - \$1.99 , Add Grilled Salmon - \$2.99**

Strawberry Chicken Salad **24oz/32oz** **\$10.75/\$12.75 Per Person**

Smoky Grilled Chicken, Mixed Greens, Strawberries, Feta Cheese, Red Onions, Craisins, and Toasted Pecans with Strawberry Vinaigrette (**SEASONAL**)

Cobb Salad **24oz/32oz** **\$11.75/\$13.75 Per Person**

Applewood Bacon, Romaine, Avocado, Cucumber, Cherry Tomatoes, Red Onions, Blue Cheese Crumbles, Boiled Egg, and Croutons with SJR Creamy House Dressing

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Wraps/Sandwiches*

Sandwiches/Wraps are served with one dessert and one side. Side choices: House Salad, Chips, Cold Pasta Salad or Potato Salad (**2nd side may be added, but least expensive side is included**)

Vegetarian Wrap **\$9.75/Person**

Filled w/Rice, Corn, Black Beans, Onions, Peppers, Kale

Smoked Chicken or Turkey* **\$9.75/Person**

Smoked w/ Applewood & Hickory and sliced Served w/ SJR mustard BBQ sauce

Honey Ham **\$9.75/Person**

Ham w/American Swiss Cheese, Tomato, Lettuce, Pickled Onions, and Honey Dijon Mustard

Deep Fried Chicken Breast (Spicy or Plain) **\$10.75/Person**

Deep Fried Chicken Breast w/ Lettuce, Tomato, and Onion Served w/ Honey Dijon Dressing

Italian Subway Sandwich **\$10.75/Person**

Salami, Ham/Prosciutto and Provel Cheese w/ Banana Pepper, Lettuce, Tomato, Red Onion and Sundried Pesto Spread on Ciabatta

House Chicken Salad **\$10.75/Person**

Poached Chicken, Mayo, Grapes, Lettuce, and Celery on a Buttery Croissant

Grilled Veggie **\$10.75/Person**

Portabella, Fire Roasted Red Pepper, Zucchini, Red Onion, Egg Plant, Spinach, Tomato, and Avocado

Brisket* **\$13.75/Person**

Slow Smoked, topped w/ Pepper Jack, Lettuce, and Tomato Served w/ BBQ Sauce

Smoked Pulled Chicken **\$11.75/Person**

Slow Smoked Chicken w/ House BBQ Sauce Topped w/ Creamy Coleslaw

Smoked Pulled Pork* **\$11.75/Person**

Slow Smoked Pork Butt w/ House BBQ Sauce Topped w/Creamy Coleslaw

***48 Hour Notice**

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Side Choices (Choose One):

Mustard Potato Salad

Lays Chips

Individual Mini Billy Goat Chip Bag - \$1.00/Person Upcharge

Macaroni Salad (Includes: Peas, Red Peppers, Green Onions, Celery & Red Onions)

Italian Pasta (Spiral noodles w/Italian Dressing, Sundried Tomatoes, Scallions & Red Onions)

Coleslaw

Dessert Choices (Choose One):

Cookie (Chocolate Chip, Oatmeal Craisin, Macadamia & More)

Brownie Bar

Grapes

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Pastas

Includes Garden Salad

Pasta Salad (Served hot or cold) \$7.75/Person add \$2.50/Person to include Chicken

Tomatoes, scallions, red onions, Italian dressing & more

Creamy Chicken Pesto \$8.75/Person add \$2.50/Person to include Chicken

Pasta with Chicken, pesto, minced garlic, red onions, and sundried tomatoes topped with parmesan cheese

Pasta Con Broccoli \$8.75/Person add \$2.50/Person to include Chicken

Fettuccini or Penne, Creamy Alfredo sauce, w/Mushrooms & Broccoli topped

Mostaccioli \$10.75/Person

Pasta in red meat sauce with mozzarella cheese topped w/mozzarella, provolone & cheddar

Chicken Jambalaya \$11.25/Person add \$2.50/Person to include Shrimp

Chicken with red onions, peppers, Cajun seasonings, tomatoes and a medley of white, garlic, and spinach fettuccini or Rice

Sweet Pepper Cream Sauce \$9.00/Person add \$2.50/Person to include Chicken

Serve on Spaghetti or Penne & topped w/Asiago cheese

Spaghetti \$11.25/Person

Seasoned Ground Beef, diced tomatoes, diced onion, minced garlic, basil, and red wine topped with parmesan cheese

Mac & Cheese \$9.75/Person

Baked with Cheddar, Colby and Mozzarella Cheeses

Rice Pilaf \$7.75/Person

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Veggies*

Roasted Veggies

(\$5.75)

Mixed vegetables with French onion soup, onions, fresh cracked pepper and soy sauce

Loaded Baked Potatoes

(\$5.25)

Served with Sour Cream, Cheddar Cheese, Chives, Ranch (add Bacon \$1.25)

Baked Sweet Potato

(\$5.50)

Served with whipped cinnamon agave butter (add Bacon \$1.25)

Baja Corn

(\$5.50)

Sweet corn, black beans, diced onion and diced peppers

Roasted Green Bean

(\$5.75)

Whole green beans roasted w/onions, soy sauce (gluten free available) & coated w/ light olive oil

Roasted Potatoes

(\$5.75)

Red Potatoes, onions and special seasonings roasted in garlic infused olive oil

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Proteins

Includes: salad & one meatless pasta/veggie (2nd side may be added, but least expensive side is included)

Rotisserie Chicken \$12.25/Person

Lemon Pepper, Italian or Blackened

Bourbon Chicken \$12.25/Person

Sweet and spicy sauce with a hint of bourbon

Asiago Chicken w/Sweet Pepper Cream Sauce \$14.25/person

Pan seared chicken breast in creamy sweet pepper sauce w/Asiago

Greek Chicken w/White Wine Sauce \$12.25/Person

Pan fried in olive oil w/Greek sauce on the side

Chicken Piccata w/White Sauce \$13.25/Person

Turkey Meatloaf w/Red Wine Gravy* \$12.25/Person

Salmon* \$15.25/Person

Blackened, Smoked or Bourbon Glazed

Crispy Golden Fried Chicken \$12.25/Person

Hand breaded deep fried

Italian Pork Chops* \$14.25/Person

Lightly breaded in breadcrumbs seasoned with Italian seasoning

Slow Cooked Beef Brisket* \$15.75/Person

Chicken Parmesan \$11.75/Person

Chicken Breast lightly fried & finished in the oven topped w/ Parmesan Cheese and red sauce

Baked Tilapia topped w/Mango Salsa \$11.25/Person

Fried Fish \$10.25/Person

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Desserts

Cookies & Brownies **\$1.75/Person**

Dessert Pan or Cupcakes **\$2.75/Person (15 or more) \$3.50/Person***

Carrot (nuts), Red Velvet, German Chocolate (nuts), Caramel, Lemon, Chocolate, Strawberry and Bread Pudding w/Bourbon Sauce (dessert pan only)

Mini Fried Pie **\$3.75/Person***

Apple, Cherry, Blueberry, Peach....

Seasonal Fruit **\$3.75/Person**

***Price for one type per group order only. \$1.00/person up charge for mixing desserts**

See SJR Dessert menu for more options

Snacks

Continental Breakfast **\$9.50/Person**

Bagels & Cream Cheese, Pastries, Fresh Fruit, Greek Yogurt w/Granola & Beverage

Cheese Ball, Fruit & Veggie Platter **\$57.50 (10-15pp)...\$87.50 (20-35pp)**

Spicy Cheese Ball (topped w/shaved almonds) with Crackers, Veggies and Ranch Dip

Shrimp Cocktail **\$52.50 (10-15pp)...\$87.50 (20-35pp)**

Served w/House Cocktail Sauce

Hummus & Guacamole **\$42.50 (10-15pp)...\$67.50 (20-35pp)**

Served with Celery, Olives, Garlic Toasted Crostini and Baked Tortilla Chips

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Beverages

Individual Canned Soda or Water	\$1.50/Person
Sweetened and Unsweetened Tea	\$1.75/Person
Juice	\$2.25/Person
Coffee, Hot Chocolate or Hot Tea	\$2.75/Person
Alcoholic Beverages are available	Call for pricing

^Cancellations must be made 24 hours in advance or by 6:30am in snowy conditions. Cancellations may result in cancellation fee of 50% of amount owed.

Thank you for considering *Spiced Just Right!* We take great pride in serving our customers. Our ingredients are fresh and every dish is *Spiced Just Right!* Let us cater your pharmaceutical lunch, corporate event, wedding, repast, or baby shower and so on... Menus are customized for private events. If there is a dish you desire and it's not on our menu, don't worry we will make it happen! Call us for breakfast, lunch, dinner or simple snacks. No party is too large or too small.

If you don't need us to cook it, let us plan it! We have the top event planners in St Louis at your service.

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